



# SATO

Shihan (7dan Aikikai)

March 7 - 10, 2024

Gdynia, Poland

**Thursday:**

18:30 - 20:30 - Aikido Seminar

**Friday:**

18:30 - 20:30 - Aikido Seminar

**Saturday:**

10:00 - 11:45 - Aikido Seminar  
12:00 - 13:30 - Instructor Seminar\*  
15:30 - 17:15 - Aikido Seminar  
17:30 - 19:00 - Instructor Seminar\*

**Sunday:**

10:00 - 11:45 - Aikido Seminar  
12:00 - 13:30 - Instructor Seminar\*

**- registration before March 1, 2024**

- Aikido Seminar - 350 zł
- Aikido & Instructor Seminar - 450 zł
- one class of Aikido Seminar - 120 zł

**- registration after March 1, 2024**

- Aikido Seminar - 380 zł
- Aikido & Instructor Seminar - 480 zł
- one class of Aikido Seminar - 130 zł

\* Instructor Seminar: 3 kyu and above

**website: [www.wadokan.pl](http://www.wadokan.pl)**

**more information & registration: phone: +48 604 442 629 or e-mail: [wadokan@wp.pl](mailto:wadokan@wp.pl)**

